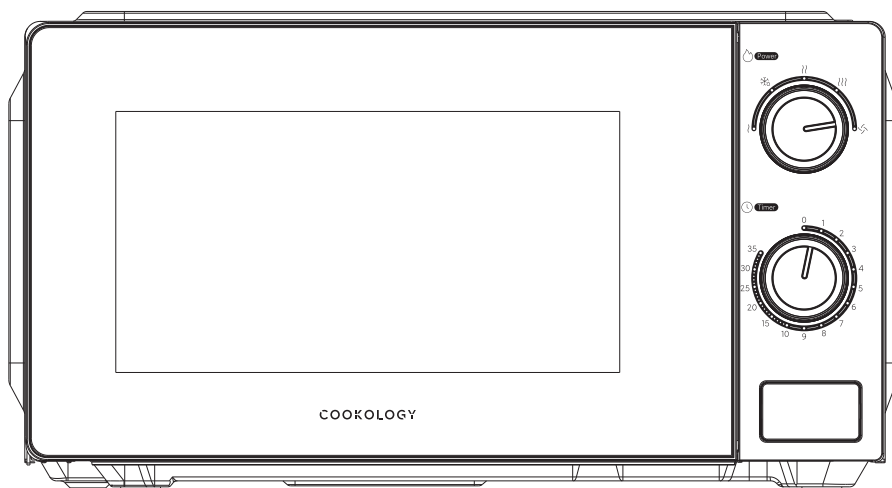


COOKOLOGY

MICROWAVE OVEN

INSTRUCTION MANUAL



20L Manual Microwave- 700W

Model No.: CVR20MIC

IMPORTANT SAFETY INSTRUCTIONS
READ CAREFULLY AND KEEP FOR FUTURE REFERENCE

Please register the warranty for this product on www.Cookology.com

Household use only
Please save these instructions

IMPORTANT SAFEGUARDS

WARNING: If the door or door seals are damaged, the oven must not be operated until it has been repaired by a trained person.

WARNING: It is hazardous for anyone other than a trained person to carry out any service or repair operation, which involves the removal of any cover, which gives protection against exposure to microwave energy. **WARNING:** Liquids or other food must not be heated in sealed containers since they are liable to explode.

1. Only use utensils that are suitable for use in microwave ovens.
2. Metallic containers for food and beverages are not allowed during microwave cooking.
3. When heating food in plastic or paper containers, keep an eye on the oven due to the possibility of ignition.
4. The microwave oven is intended for heating food and beverages. Drying of food or clothing and heating of warming pads, slippers, sponges, damp cloth and similar may lead to risk of injury, ignition or fire.
5. If smoke is observed, switch off or unplug the appliance and keep the door closed in order to stifle any flames microwave heating of beverages can result in delayed eruptive boiling, therefore care has to be taken when handling the container.
6. The contents of feeding bottles and baby food jars are to be stirred or shaken and the temperature is to be checked before consumption, in order to avoid burns.
7. Eggs in their shell and whole hard-boiled eggs shall not be heated in microwave ovens since they may explode, even after microwave heating has ended.
8. Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.
9. The appliance must not be placed in a cabinet.

10. Care should be taken not to displace the turntable when removing containers from the appliance.
11. The appliance shall not be cleaned with a steam cleaner.

Warning: When the appliance is operated in the combination mode, children should only use the oven under adult supervision due to the temperatures generated.



CAUTION: HOT SURFACE

12. If the supply cord is damaged, it must be replaced by the manufacturer or its service agent or a similarly qualified person in order to avoid a hazard.
13. This appliance should not be used by children.
14. Do not directly put cold water into the glass plate after use. It needs to place the glass plate for at least 20 minutes, and then put it into the water to avoid cracking.
15. Do not place the glass turntable into cold water immediately after use as this may cause it to crack. (exclude this from the flat bed microwave)
16. The internal LED light has a rating of <60lm
17. After Plug in or completing of operating, the appliance go into off mode, off mode: <0.3W.

INSTALLATION

1. Take out all the packing. If there is a safe film over the oven, tear it off before use. Check carefully for damage. If any, immediately notify dealer or send to the manufacturer's service center.
2. Microwave ovens must be placed under dry and non-corrosiveness environments, kept away from heat and humidity, such as gas burner or water tank.
3. To ensure sufficient ventilation, the distance of the back of microwave to the wall should be at least 20 cm, the side to the wall should be at least 5 cm, the free distance above the top surface at least 20 cm. the distance of the microwave to the ground should be at least 85 cm.
4. The position of the oven shall be such that it is far from the TV, Radio or antenna as picture disturbance, or noise may occur. The distance should be more than 5m.
5. The appliance must be positioned so that the plug is accessible, and must ensure a good grounding in case leakage, ground loop can be formed to avoid electric shock.
6. The microwave oven must be operated with the door closed.
7. The microwave oven must not be placed in a cabinet. The microwave oven is intended to be used freestanding.
8. As there is manufacturing residue or oil remained on the oven cavity or heat element, it usually would smell the odor, even a slight smoke, It is normal case and would not occur after several times use, keep the door or window open to ensure good ventilation. So it is strongly recommended to place a cup of water in the cavity, setting at high power and operate for several times.

CLEANING

MICROWAVE OVEN CARE



CAUTION

The oven should be cleaned regularly and any food deposits removed.



WARNING

- a. Remove the power cord from the wall outlet before cleaning. After cooling products. Don't immerse the appliance in water or other fluids when cleaning.
- b. Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.
- c. Never use hard detergent, gasoline, abrasive powder or metal brush to clean any part of the appliance.
- d. Do not remove the waveguide cover.
- e. When the microwave oven has been used for a long time, there may be some strange odors exist in oven, following 3 methods can get rid of them:
 - 1) Place several lemon slices in a cup, then heat with high micro power for 2-3 min.
 - 2) Place a cup of red tea in oven, then heat with high micro power.
 - 3) Put some orange peel into oven, and then heat them with high micro power for 1 minute.

- f. When the product is not used, it should be placed in dry and ventilated areas as well as possible.



WARNING

Details how to clean surfaces in contact with food:

After use wipe the waveguide cover with a damp cloth, followed by dry cloth to remove any food splashes and grease. Built-up grease may overheat and begin to cause smoke or catch fire.

TIPS FOR CLEANING

Details for cleaning door seals, cavity and adjacent parts:

Exterior:

Wipe the enclosure with a dampened soft cloth

Door:

Using a dampened soft cloth, wipe clean the door and window

Wipe the door seals and adjacent parts to remove any spill or spatter

Wipe the control panel with a slightly dampened soft cloth

Interior walls:

Wipe clean the interior surfaces with a dampened soft cloth

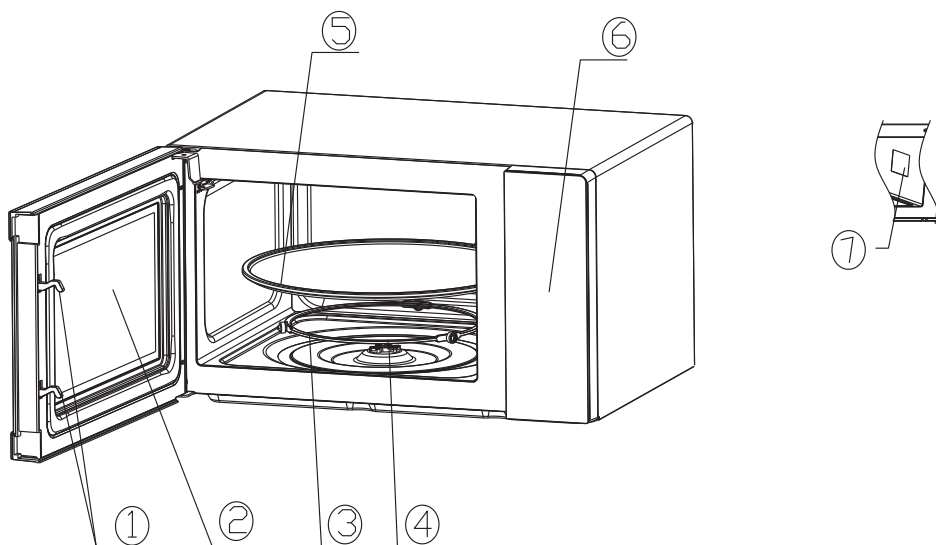
Wipe clean the waveguide cover to remove any food splashed

Turntable / Rotation ring / Rotation axis:

Wash with mild soap water

Rinse with clean water and allow drying thoroughly

PRODUCT INSTRUCTION



1) Door lock

Microwave oven door must be properly closed in order for it to operate

2) Viewing window

Allow user to see the cooking status

3) Rotating ring

The glass turntable sits on its wheels; it supports the turntable and helps it to balance when rotating

4) Rotating axis

The glass turntable sits on the axis; the motor underneath it drives the turntable to rotate

5) Turntable

The food sits on the turntable, its rotation during operation helps to cook food evenly

CAUTION

- Place the rotating ring first

- Fit the turntable onto the rotating axis and make sure that it is geared in properly

6) Control panel

See below in details (the control panel is subject to change without prior notice)

7) Waveguide cover

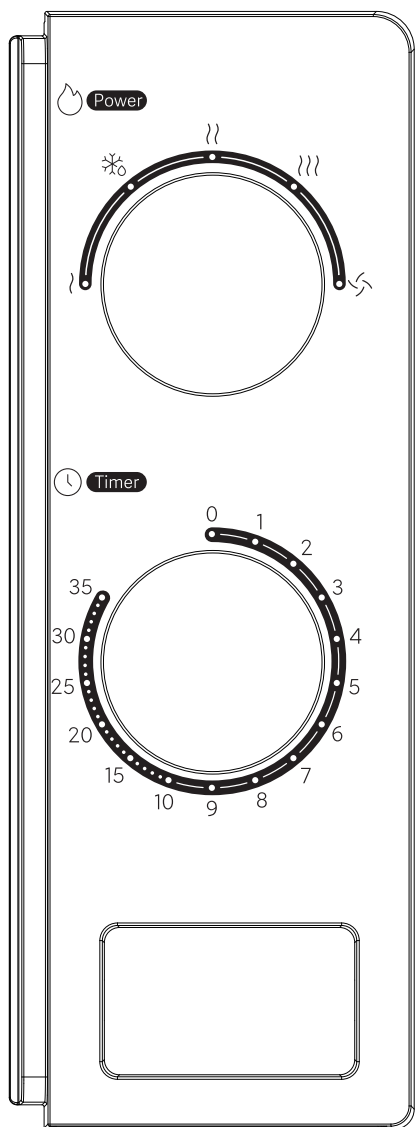
It is inside the microwave oven, next to the wall of control panel.



WARNING

Never remove the waveguide cover

OPERATION OF CONTROL PANEL



1. CLOCK SETTING

The maximum setting is 35 minutes, there is a ringtone at the end, and the knob returns to the “0” position.

2. MICROWAVE FUNCTION

No.	MICROWAVE POWER	MICROWAVE OUTPUT RATIO
1	Low	About 17% power output
2	Defrost/M.Low	About 30% power output
3	Med	About 55% power output
4	M.High	About 80% power output
5	High	100% power output

Below is some food defrosting time advice:

No.	Weight (g)	Defrost time
1	200g	About 4 minutes
2	400g	About 8 minutes
3	600g	About 12 minutes

OPERATION

1) Connect the cord

-Before connecting the cord, make sure the timer is set to “0” position.

- Do not block the ventilation.

2) Place the food on the glass turntable tray and close the door

- Food must be contained in a utensil.

- Do not operate the microwave oven without load, otherwise it will cause damage to the microwave oven.

3) Select the desired microwave power level.

4) The microwave oven starts running. If pausing in midway is needed, just open the door at any time, and close it to resume operation.

5) When it times out and cooking ends, the microwave oven produces a bell ring, the inside lamp will also be automatically turned off.

If food is removed before time out, make sure to set back the timer to “0” position, this avoids the microwave oven from operating in empty load.

6) It is recommended to wear gloves when removing the cooked food from oven and be careful do not touch the inner wall of cavity.

CAUTION

Heating food fast, generally only 2 to 3 minutes, please control in 5 minutes. Please pay attention to the cooking condition of the food at any time and adjust it according to your taste preference. Avoid overheating. When heating porridge, congee, should first stir evenly, and then covered with plastic film (leave corners for ventilation) or with a perforated lid heating.

At mid-point to defrosting time, please open the door to turn the food, so that the defrosting effect is more uniform.

UTENSILS GUIDELINE

Depending on the cooking method, it is necessary to choose a safe and suitable vessel. If it is not properly selected, it will not only affect the cooking effect, but also cause damage to the vessel or microwave oven. Please refer to the table below for use:

Material of container	Microwave	Notes
Heat-resistant ceramic	Yes	Never use the ceramics which are decorated with metal rim or glazed. Recommend using ceramics, high-temperature resistant glass, and plastic containers that can withstand temperatures above 120°C.
Heat-resistant plastic	Yes	Cannot be used for long time microwave cooking
Heat-resistant glass	Yes	
Grill rack	No	
Plastic film	Yes	It should not be used when cooking meat or chops as the over-temperature may do damage to the film

COOKING TIPS

The following factors may affect the cooking result:

Food arrangement

Place thicker areas towards outside of dish, the thinner part towards the centre and spread it evenly. Do not overlap if possible.

Cooking time length

Start cooking with a short time setting, evaluate it after it times out and extend it according to the actual need. Over cooking may result in smoke and burns.

Cooking food evenly

Food such as chicken, hamburger or steak should be turned once during cooking.

Depending on the type of food, if applicable, stir it from outside to centre of dish once or twice during cooking

Allow standing time

After cooking times out, leave the food in the oven for an adequate length of time, this allows it to complete its cooking cycle and cooling it down in a gradual manner

The food is cooked when

The colour and texture of the food will help determines when it is ready. Please check the following:

- Is steam coming from the whole area of the food or just the edges.
- Poultry joints can be moved easily.
- Pork or poultry juice runs clear.
- Fish is opaque and can easily be shared with a fork.

Browning dish

When using a browning dish or self-heating container, always place a heat-resistant insulator such as a porcelain plate under it to prevent damage to the turntable and rotating ring.

Microwave safe plastic wrap

When cooking food with high fat content, do not allow the plastic wrap come into contact with food as it may melt

Microwave safe plastic cookware

Some microwave safe plastic cookware might not be suitable for cooking foods with high fat and sugar content. Also, the preheating time specified in the dish instruction manual must not be exceeded.

MAINTENANCE

SERVICING

Please check the following before calling for services.

1. Place one cup of water (approx.150ml) in a glass measure in the oven and close the door securely. Oven lamp should go off if the door is closed properly. Let the oven work for 1 min.

2. Does the oven lamp light?

3. Does the cooling fan work?

(Put your hand over the rear ventilation openings.)

4. Does the turntable rotate?

(The turntable can rotate clockwise or counter clockwise. This is quite normal.)

5. Is the water inside the oven hot?

If “NO” is the answer to any of the above questions, please check your wall socket and the fuse in your meter box.

If both the wall socket and the fuse are functioning properly, Contact your nearest Service Centre.

Correct disposal of this product



This marking indicates that this product should not be disposed with other household wastes throughout the EU. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.

Please register the warranty for this product on www.Cookology.com

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